



Australian oats

Bright, low moisture, nutritious

Australian oats are widely recognised for their nutritional benefits, ease of processing and milling yield.





Healthy, nutritious and high quality

Australia is a leader in the production of high-quality milling oats. Australian oats are in high demand globally for healthy food products, such as oatmeal, snack foods and modern products such as oat noodles, oat milk and oat rice.

Australian oats are widely recognised for their:

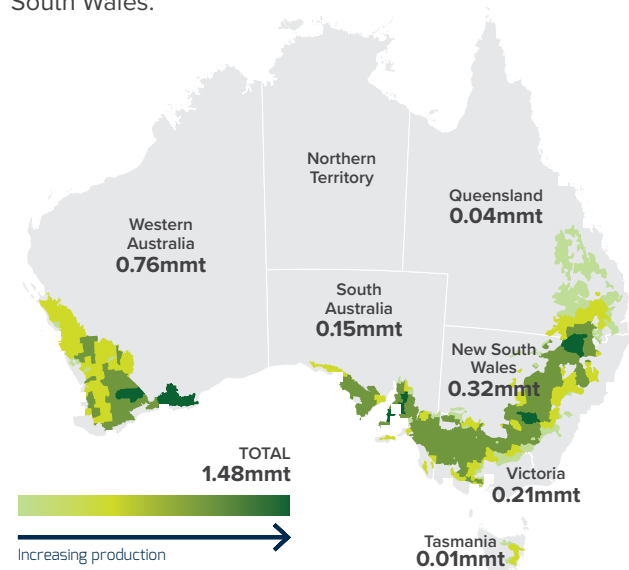
- Excellent taste, aroma and nutrition
- Brightness
- Low moisture content
- Good hectolitre weight and groat percentage
- Ease of processing and milling yield

Oat production in Australia

Australia produces on average 1.5 million metric tonnes (mmt) of raw oats for grain each year across 780,000 hectares (5-year average up to 2025-26).

Australian oats are typically planted during May and grown through the winter months. The crop relies on natural rainfall and sunshine for its growth and production. Crops are harvested, after ripening naturally, from October to December in warm and dry conditions to ensure low moisture of the grain, enhancing handling ability, safe storage and value.

Milling oats are produced in the grain cropping regions of south-west Western Australia, across the agricultural regions of South Australia, western and north-eastern Victoria, and the Riverina and central regions of New South Wales.



Source: ABARES (five-year average up to 2025-26)

Supporting customers of Australian oats

Australia invests significantly in research to ensure Australian oats meet the quality requirements of international customers.

Grains Australia collaborates with the Australian oat industry, with breeding and evaluation coordinated nationally, to enhance the value of Australian oats through the understanding of market requirements, grain quality research, functional performance and end-use applications.

Grains Australia's Oat Council provides strategic advice to the Grains Australia Board on oat industry matters including priorities and activities, strategic classification requirements, trade and market access issues, market insights, and market education requirements.

Oat classification

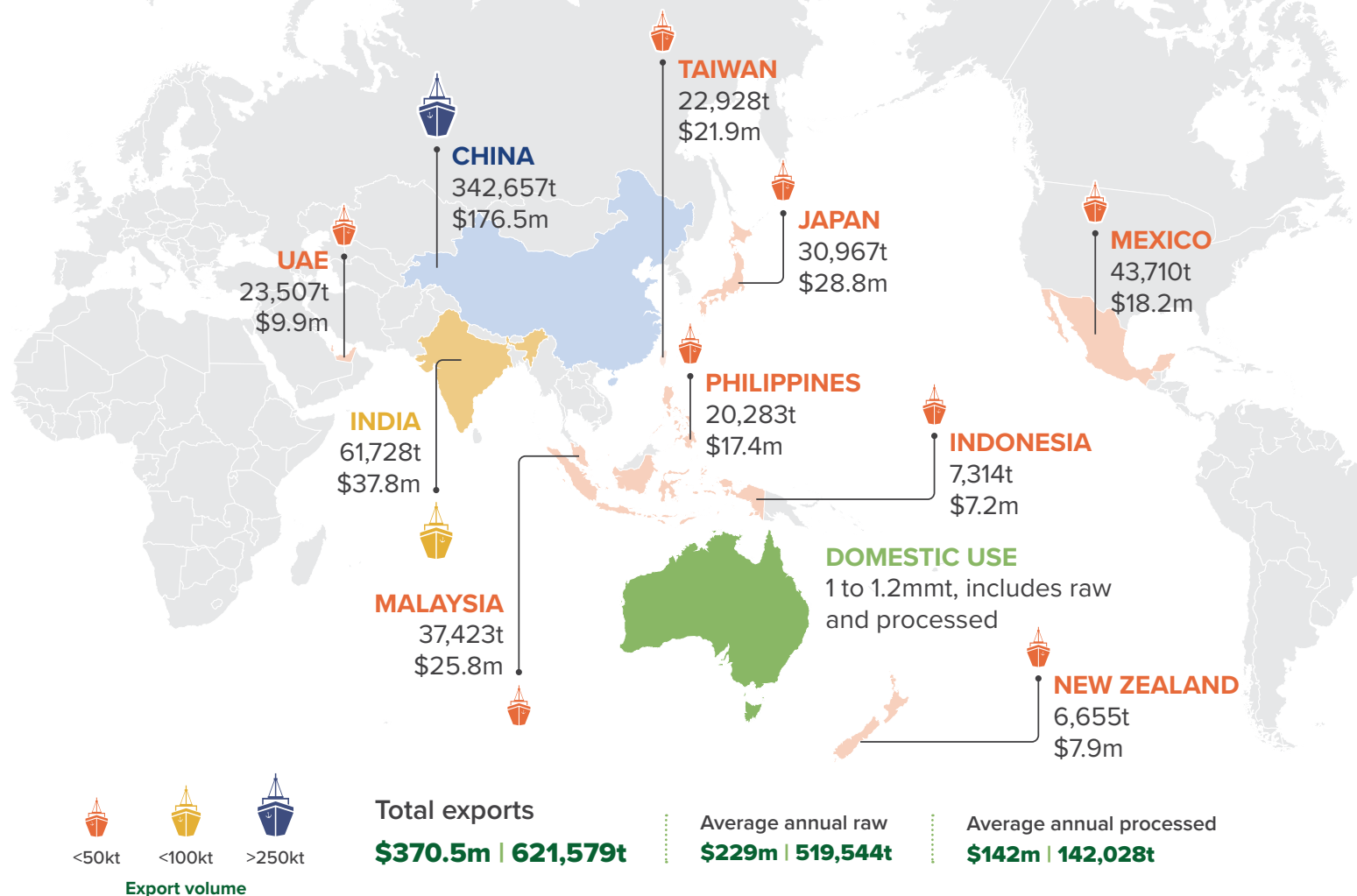
Australian oats are classified for milling purposes based on the characteristics of each variety. Oat varieties with a milling classification are expected to demonstrate desirable grain quality and processing characteristics, while retaining important nutritional attributes such as beta-glucan content.

Grains Australia's Oat Varietal Technical Committee (OTC) evaluates applications for new milling oat varieties to ensure new varieties meet the needs of customers in Australia and in export markets.

Industry standards and codes of practice

Grain Trade Australia (GTA) and the Grain Industry Association of Western Australia (GIWA) define receival standards that are used to segregate oats delivered by growers. These standards support the efficient supply of oats to their intended end use markets.

Major markets for Australian raw and processed oats



Sources: Exports based on ABS data, Domestic use based on ABARES data (Five-year average up to 2024-25)

Note: Domestically, raw oats are used mainly for feed or milling. At least half of the domestically milled oats, particularly in WA, are exported.

Disclaimer: Mexico has only imported Australian oats in any significant quantity in two of the last 15 years. Corrections for Japan in 2021 using UNComtrade Data.



5-10%

of total world
oat supply is
produced by
Australia



7.5-17%

of global raw
oats trade is
accounted for by
Australia



7.5-12%

of global
processed oats
trade is accounted
for by Australia



1.5 million

tonnes of oats
are produced by
Australia annually

Australian oats for healthy food products

Oats are a staple food that have been consumed for thousands of years and continue to grow in popularity due to their strong nutritional profile and health benefits. As a whole grain, oats contain all parts of the grain along with important nutrients including protein and fibre.

The magic of oats is down to the fact that they are high in beta-glucan (also known as β -glucan). Beta-glucan is a soluble dietary fibre that has unique nutritional benefits, including a proven ability to reduce the risk of lifestyle diseases.

Australian oats are sought after for an increasingly wide range of food products, including porridge, granola, muesli, snack foods, oat milk, cookies, baby food, oat noodles, oat rice, “on-the-go” convenience breakfast products and more.

The Grains & Legumes Nutrition Council (GLNC) is the independent authority on the nutrition and health benefits of grains. GLNC operates within Australia and collaborates with partners to promote and educate the health benefits of oats as part of a balanced diet through evidence-based information.

This publication is supported by the Grains & Legumes Nutrition Council (GLNC).



A stronger, more competitive grains industry

Grains Australia works across the grains value chain to improve market access, align what markets need with what Australia provides, and build long-term value for growers, industry and customers.

We deliver this through five integrated functions:

- Trade and market access
- Classification
- Market insights and engagement
- Market education and training
- Technical market solutions

Together, these functions enable a “Team Australia” approach that translates market intelligence and industry priorities into coordinated action, strengthening customer confidence, supporting informed industry decision-making and positioning Australian grain for long-term success.

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an initiative of the

